

# ਮੱਤੀ ਵਾਲਿਆਂ ਦਾ IELTS ਸੈਂਟਰ

## HIMANSHU EDUCATIONAL HUB

5 Describe your favourite food at a traditional festival or a special event in your country

- What it is
- At which festival / event you eat it
- How it is made
- And explain why you like it.

India is a diverse country. Every state has different culture, festival, food and attire. Here I would like to talk about ~~on~~ my favourite food which is quite renowned on a traditional festival of Punjab. famous

It is none other than Roh di Kheer (Rice Pudding) which is also known as Ras ki Kheer in my state Punjab. It is prepared on the occasion of Lohri and Mahar Sambranti.

It is a traditional Punjabi dessert prepared with rice and freshly squeezed sugarcane juice. One can say it is sugarcane juice pudding. (sweet lover)

As I have sweet tooth, I love to eat sweet desserts. This Ras ki Kheer is my favourite one.

I have never made it by myself but my mother says, it is a slow cooked recipe.

Initially, Basmati Rice is slow cooked in the sugarcane Juice. As the Juice reduced, the sugar content becomes thick.

I <sup>(think)</sup> deem that this is not a dish one can leave on the stove and forget about. This recipe needs continuous straining and stirring. This ends up with unique flavored delicious <sup>(tasty)</sup> dessert. Few individuals like to add nuts and cashews in this to add flavor.

I vividly remember, I was so young when I tasted this rice pudding for the first time.

Honestly speaking, it was mouth watering <sup>(tasty)</sup> and I can never forget that taste.

I always wait for Dohri festival to taste this scrumptious <sup>(delicious)</sup> dessert.

So, this is my favourite food which is made on festival of my nation.